

How to Write a Saint Report

All candidates should select a Saint and write a report, at least one page long, on their chosen Saint and submit it to faithformation@st-joseph.cc by February 1, 2026.

When selecting a confirmation name, designate the specific person (e, g., Thomas the Apostle, Thomas of Aquinas). The use of your baptismal name, if already after a saint, can serve to further emphasize the three-fold process of Christian initiation: Baptism, Confirmation and Eucharist. The name chosen should be a Blessed or canonized Christian saint. A canonized Christian saint is a man or a woman who has displayed heroic virtue and has been recognized by the Church.

Over the next few months, candidates should research selected saint and then type a one-page report about the Saint's life.

Include the following topics in your report:

- Who is the saint? (When and where did he or she live, family life, job, etc.)
- What have you learned about this Saint through your research?
- Why did you select this Saint to represent your faith journey?
- How is this person a good role model for you to follow as a confirmed Catholic?
- Include the resources from which you obtained your information (web site, book, etc.).

There are numerous online resources for learning about the lives of Saints. Here are a few:

<http://www.americancatholic.org/>

<http://www.catholic.org/saints/>

www.ewtn.com/saintsholy

If you have any questions or need additional resources or suggestions, please ask!

God bless,

June Kountz

817-939-3129